

Article

# Public perspectives on digital innovations in pharmacy: A survey on health informatics and medication management

Anas Ali Alhur<sup>1,\*</sup>, Shaden Alotaibi<sup>2</sup>, Daniyah Alhalwani<sup>2</sup>, Rahaf Eisa<sup>2</sup>, Shahad Alshahrani<sup>2</sup>, Manar Alqurashi<sup>2</sup>, Layan Alhamyani<sup>2</sup>, Joud Al-bogami<sup>2</sup>, Shuruq Alshalawi<sup>2</sup>, Nidaa Alhumaidi<sup>2</sup>, Noura Abusahba<sup>3</sup>, Samah Alqurashi<sup>4</sup>, Ahlam Althobaiti<sup>4</sup>, Sara Ablwi<sup>5</sup>, Mashaël Asiri<sup>6</sup>

<sup>1</sup> Department of Health Informatics, College of Public Health and Health Informatics, University of Hail, Hail 55439, Kingdom of Saudi Arabia

<sup>2</sup> College of Pharmacy, Taif University, Al Hawiyah, Taif 26571, Kingdom of Saudi Arabia

<sup>3</sup> College of Pharmacy, King Khalid University, Abha 62521, Kingdom of Saudi Arabia

<sup>4</sup> United Pharmacy, Riyadh 11461, Kingdom of Saudi Arabia

<sup>5</sup> College of Pharmacy, University of Tabuk, Tabuk 47713, Kingdom of Saudi Arabia

<sup>6</sup> College of Pharmacy, Community Pharmacy 11461, Kingdom of Saudi Arabia

\* **Corresponding author:** Anas Ali Alhur, [Anas.Ali.Alhur@gmail.com](mailto:Anas.Ali.Alhur@gmail.com)

## CITATION

Alhur AA, Alotaibi S, Alhalwani D, et al. (2024). Public perspectives on digital innovations in pharmacy: A survey on health informatics and medication management. *Journal of Infrastructure, Policy and Development*. 8(8): 5450. <https://doi.org/10.24294/jipd.v8i8.5450>

## ARTICLE INFO

Received: 26 March 2024

Accepted: 27 May 2024

Available online: 16 August 2024

## COPYRIGHT



Copyright © 2024 by author(s).

*Journal of Infrastructure, Policy and Development* is published by EnPress Publisher, LLC. This work is licensed under the Creative Commons Attribution (CC BY) license.

<https://creativecommons.org/licenses/by/4.0/>

**Abstract:** This study investigates the public's perceptions of digital innovations in pharmacy, with a focus on health informatics and medication management. Despite the rapid development of these technologies, a comprehensive understanding of how various demographics perceive and interact with them is lacking hence, this research aims to bridge this gap by offering insights into public attitudes and the factors influencing the adoption of digital tools in pharmacy practice, as KSA population and healthcare professionals after Covid-19 has observed the significant potential of digital health. A cross-sectional survey involving 1132 participants was conducted, employing SPSS for data analysis to ensure precise and reliable results. The findings indicate general optimism about the potential of digital innovations to enhance healthcare outcomes but concerns about data privacy and usability significantly affect user acceptance. The researchers recommended tailored educational programs and user-centered design to facilitate the adoption of digital pharmacy innovations. Key contributions include the identification of 'Ease of Use' and 'Data Security and Privacy' as predominant factors in the adoption of digital health tools.

**Keywords:** digital pharmacy innovations; public perceptions; health informatics; medication management; digital health adoption; data privacy; user-centered design; cluster analysis

## 1. Introduction

The field of pharmacy is undergoing a significant transformation due to the rapid adoption of digital innovations and health informatics technologies. These advancements are revolutionizing medication management protocols, enhancing patient outcomes, and increasing the overall efficiency of healthcare delivery. Given the growing integration of these technologies within the pharmacy ecosystem, it is crucial to understand public perceptions and attitudes toward these changes. This study aims to explore the public's perspectives on digital innovations in pharmacy, with a focus on health informatics and medication management strategies, to identify factors that influence their acceptance and use.

## 2. Literature review

### 2.1. Digital innovations in pharmacy

The integration of digital technologies in pharmacy practices is revolutionizing the field by enhancing the safety and efficiency of medication management. Electronic Health Records (EHRs) and digital prescription systems have become fundamental in improving the interaction between healthcare providers and patients, ensuring more precise medication management and secure data handling (Alhur et al., 2023; Jarab et al., 2023). These advancements contribute to streamlining healthcare operations and enhancing patient outcomes. Moreover, digital tools facilitate real-time monitoring and patient data analysis, which are essential for personalized medicine (Deslich et al., 2013; Trenfield et al., 2022). Continuous innovation and evaluation are crucial to keeping pace with rapid technological advances and ensuring these tools meet the ever-evolving healthcare needs (Alhur, 2023; Bennadi, 2014; Gaylin et al., 2011).

## **2.2. Public perceptions of healthcare technologies**

The successful integration of digital healthcare technologies into everyday clinical practice is heavily influenced by public perceptions. These perceptions are shaped by various factors, including the usability of the technology, accessibility of the systems, and concerns regarding the security of personal data (Ahmed et al., 2018; Campos-Castillo and Anthony, 2019). Furthermore, the complexity of navigating these digital systems often poses a significant barrier to their adoption (Dhagarra et al., 2020; Goode et al., 2019). Positive user experiences, enhanced by user-friendly interfaces and robust privacy protections, are critical in garnering wide acceptance (Beets et al., 2023; Narynov et al., 2021). Educational campaigns and transparent communication about the benefits and protections offered by these technologies can further enhance public trust and acceptance (Hutchings et al., 2020; Sharma et al., 2020; Zapata et al., 2015).

## **2.3. Trust and privacy concerns**

Trust and privacy are critical in the digital healthcare sector. The effectiveness of healthcare innovations is significantly influenced by their ability to protect sensitive patient information and maintain high standards of confidentiality (Alhur et al., 2024; François et al., 2024). Ensuring these technologies are equipped with advanced security features and clear, comprehensive privacy policies is essential for building trust among end-users (Powell and Torous, 2020; Pérez-Jover et al., 2019). Moreover, regular audits and updates to security protocols are necessary to address emerging threats and vulnerabilities, thereby reinforcing user confidence in these digital solutions (Bennadi, 2014; Gaylin et al., 2011; Zapata et al., 2015).

## **2.4. Medication adherence Apps**

Medication adherence apps represent a significant advancement in digital pharmacy innovations, designed to enhance patient engagement and improve adherence to prescribed medical regimens. These apps must be intuitive, secure, and adaptable to accommodate the varied needs of the patient population (Dayer et al., 2013; Sharma et al., 2020). They should also provide actionable insights into patient behavior and medication patterns to healthcare providers, enabling more effective patient management (Palumbo et al., 2021; Pérez-Jover et al., 2019). Continuous

technological refinement and rigorous effectiveness assessments are required to ensure these tools remain reliable and beneficial in promoting better health outcomes (Figuerola et al., 2022; Morgan, 2016; Narynov et al., 2021).

### **3. Methodology**

This research employed a robust methodological approach to investigate the digital divide in pharmacy practices. The study was underpinned by a comprehensive survey developed through the collaboration of experts from the University of Hail. These experts, renowned for their work in health informatics and digital pharmacy innovations, utilized a blend of theoretical frameworks and empirical studies to construct a survey instrument that was both comprehensive and attuned to the complexities of digital innovations in pharmacy.

#### **3.1. Questionnaire design**

The questionnaire was designed by a panel of experts at the University of Hail in the fields of health informatics and pharmacy. The design process was informed by a thorough literature review to ensure the survey captured essential aspects of public perceptions regarding digital tools in pharmacy. This methodical approach facilitated the inclusion of a broad range of questions, carefully crafted to gauge participants' awareness, understanding, and perceptions of digital tools. A pilot test was conducted with a smaller subset of the target population to validate the questionnaire's reliability, which was confirmed by a Cronbach's alpha score indicating high internal consistency.

#### **3.2. Data collection and statistical analysis**

The data collection employed a cross-sectional survey, which was distributed over a period from 14/1/2024 to 7/3/2024 across various digital platforms to ensure extensive reach. The participants were selected using a stratified sampling method, aiming for a representative sample that encompassed diverse age groups, genders, and regional backgrounds. The sample size was determined through a power analysis, designed to detect a minimum effect size with 80% power at a 0.05 significance level. The responses were collected and processed using SPSS software 26, with the analysis incorporating both descriptive statistics to outline major trends and chi-square tests to examine deeper relationships within the data.

#### **3.3. Ethical Considerations**

The study adhered to strict ethical standards, obtaining formal approval from the University of Hail's Research Ethics Committee (reference number H-2024-016). Informed consent was systematically secured from all participants through a user-friendly online system that thoroughly informed them about the study's objectives, their role, and their rights, including the guarantee of anonymity and confidentiality. The University of Hail's Research Ethics Committee's endorsement of this study is a testament to its ethical integrity. Throughout the research process, rigorous measures were implemented to maintain the anonymity and confidentiality of the data, ensuring the utmost protection of participants' privacy and rights.

## 4. Results

This section presents the findings from the study, focusing on demographics, awareness, understanding, perceptions, and factors influencing the adoption of digital innovations in pharmacy.

### 4.1. Demographics

The study’s participants were predominantly female, with 839 females (74.12%) and 293 males (25.88%). Younger individuals, especially those aged 18–24, formed the largest age group, with 651 participants, accounting for 57.51% of the total (**Table 1**).

**Table 1.** Demographics information.

Category	Frequency	Percentage (%)
<b>Gender</b>		
Female	839	74.12
Male	293	25.88
<b>Age Group</b>		
18–24 years	651	57.51
25–34 years	184	16.25
35–44 years	149	13.16
45–54 years	82	7.24
55–64 years	48	4.24
65 and older	18	1.59

### 4.2. Awareness and understanding

The average awareness of digital innovations in pharmacy among participants was 54.15%, with a standard deviation of 8.2%, indicating variability in awareness levels. The average understanding level was measured at 2.61 on a scale of 1 to 5, with a standard deviation of 0.75.

**Table 2** presents the awareness and understanding levels among participants, reflecting moderate familiarity with digital innovations.

**Table 2.** Levels of awareness and understanding.

Awareness (%)	Understanding Level (Avg)
54.15	2.61

### 4.3. Perceptions and trust in digital innovations

The study recorded participants’ perceptions and trust in digital innovations. The average agreement level for digital innovations improving healthcare outcomes was high at 4.33 ( $\pm 0.89$ ). Similarly, the average agreement for enhancing patient-provider communication was 4.31 ( $\pm 0.85$ ). However, concerns about data privacy were evident with a lower average agreement level of 3.27 ( $\pm 1.10$ ).

**Table 3** illustrates participants’ perceptions and trust levels concerning digital innovations, indicating strong belief in their benefits juxtaposed with privacy concerns.

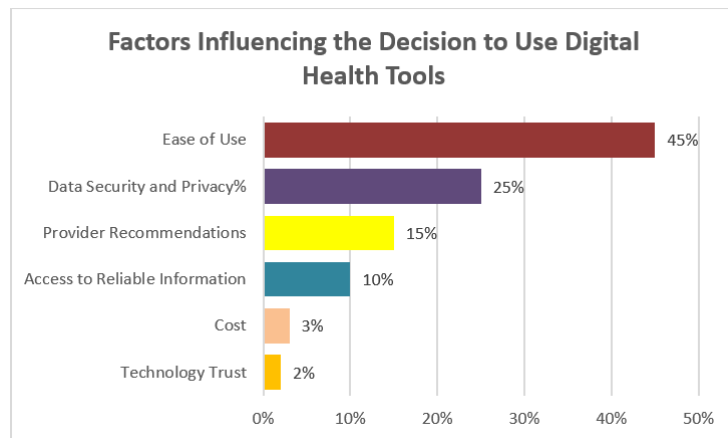
**Table 3.** Participant perceptions and trust in digital innovations.

Statement	Agreement Level (Avg)
Digital innovations can improve healthcare outcomes	4.33
Digital innovations can enhance patient-provider communication	4.31
Concerns about the privacy of health information in digital systems	3.27

#### 4.4. Factors influencing adoption

‘Ease of Use’ and ‘Data Security and Privacy’ were identified as the primary factors influencing the decision to adopt digital health tools, with 45% ( $\pm 5\%$ ) of participants citing ‘Ease of Use’ as crucial.

**Figure 1** illustrates that ‘Ease of Use’ (45%) and ‘Data Security and Privacy’ (25%) are predominant in influencing the adoption of digital health tools.



**Figure 1.** Influential factors for adopting digital health tools.

#### 4.5. Regression analysis

The regression analysis (**Table 4**) showed that trust in digital innovations (coefficient: 0.1147,  $p < 0.001$ ) and positive perceptions regarding their capabilities (coefficient: 0.1084,  $p < 0.001$ ) significantly influenced tool adoption. In contrast, a higher level of awareness negatively correlated with willingness to use these tools (coefficient:  $-0.1039$ ,  $p = 0.005$ ).

**Table 4.** Regression analysis—coefficients and significance.

Predictor	Coefficient	p-value	Significance
Awareness	-0.1039	0.005	Yes
Understanding Level	0.0448	0.024	Yes
Trust in Digital Innovations	0.1147	< 0.001	Yes
Perceived Benefit: Healthcare Outcomes Improvement	0.0529	0.044	Yes
Perceived Benefit: Enhanced Patient-Provider Communication	0.1084	< 0.001	Yes
Concerns about Privacy	-0.0252	0.09	No

#### 4.6. Cluster analysis

The cluster analysis (**Table 5**) categorized respondents into four groups based on

their attitudes toward digital pharmacy innovations, with 283 participants in Clusters 1 and 4, 340 in Cluster 2, and 226 in Cluster 3.

**Table 5.** Overview of cluster analysis findings.

Cluster	Avg Awareness	Avg Understanding	Avg Trust	Avg Willingness	Avg Perception Score	Avg Privacy Concern	Number of Respondents
(1)	High	High	High	High	Very Positive	Low	283
(2)	Moderate	Moderate	Moderate	Moderate	Positive	Moderate	340
(3)	Low	Low	Low	Low	Neutral	High	226
(4)	High	Low	Moderate	Moderate	Mixed	High	283

## 5. Discussion

The results of this study illuminate the broad spectrum of public attitudes towards and engagements with digital innovations in the pharmacy domain. The documented moderate levels of awareness and understanding among study participants suggest a significant opportunity for educational initiatives aimed at demystifying and promoting the advantages of digital health technologies. This observation is in line with the perspective that, despite the proliferation of digital health resources, there is a substantial gap in the public’s digital health literacy, highlighting the necessity for dedicated efforts to distribute relevant information (Palumbo et al., 2021). Furthermore, a series of recent studies conducted in KSA have revealed a general lack of awareness about various healthcare technologies among the populace, indicating a consistent pattern of limited digital health literacy (Alhur, 2022; Alhur and Aldosari, 2024; Morgan, 2016).

The overall positive response to digital innovations, marked by participants recognizing their potential benefits, aligns with findings that underscore the favorable view healthcare consumers hold towards digital tools. This consensus supports the notion that while digital solutions are welcomed for their advantages, the prevalent apprehensions regarding data privacy echo larger reservations concerning digital health technologies. These concerns highlight a crucial area for policy revision and technological improvement, indicating the need for enhanced safeguards and transparency in the digital health realm (Dhagarra et al., 2020; François et al., 2024; Powell and Torous, 2020). Additionally, the widespread concerns about data privacy reflect broader misgivings related to digital health technologies, pinpointing a vital sector for policy reform and technological refinement (Ahmed et al., 2018).

The emphasis on usability and the security of data as crucial elements influencing the acceptance of digital tools reflects the principles of the Technology Acceptance Model, which asserts that the perceived ease of use and usefulness are fundamental in technology adoption. This indicates that making improvements in the user interface and strengthening data protection measures could have a significant effect on the adoption rates of digital pharmacy instruments, highlighting a direct route for boosting user engagement and confidence in these digital resources (Dayer et al., 2013).

Furthermore, the cluster analysis has delineated a range of perspectives on digital innovations in pharmacy, spanning from avid supporters to wary skeptics. Developing communication and engagement tactics that cater to the specific doubts and

information requirements of each identified group may significantly foster broader and more effective engagement with these digital solutions (François et al., 2024).

### **5.1. Study limitations and contributions**

The study's results are influenced by the youthful skew of the participant base, potentially affecting the generalizability to older populations. The conventional steps of univariate analysis followed by multivariate analysis were adapted in our regression approach to suit the study's specific questions and hypotheses. The comprehensive approach and detailed analysis contribute to understanding the multifaceted attitudes toward digital health innovations and guide future strategies for broader and more inclusive adoption.

### **5.2. Implications and future directions**

This research clarifies complex public views on digital improvements in pharmacy services, offering important insights for healthcare workers and policymakers. It highlights the need for actions that not only increase public knowledge and understanding of digital changes in pharmacies but also address concerns about privacy and security, thus creating a welcoming environment for their adoption.

Ongoing studies are essential to keep track of these views as digital health innovations develop and as policy frameworks change, influencing how the public sees and interacts with digital pharmacy innovations. Future research that follows these trends over time could deepen our understanding of how technology acceptance and usage in healthcare evolve.

## **6. Conclusion**

This study has demonstrated the varied perspectives on digital innovations in pharmacy, highlighting a spectrum from enthusiastic proponents to cautious skeptics. The moderate awareness and understanding of these innovations suggest a significant opportunity for educational initiatives aimed at enhancing digital health literacy. Addressing privacy concerns and emphasizing the ease of use and perceived benefits of digital tools are pivotal to overcoming barriers to adoption. The positive perceptions towards the potential of digital innovations to improve healthcare outcomes and facilitate patient-provider communication underscore the readiness of the public to embrace these technologies, provided their concerns are adequately addressed.

Looking ahead, the dynamic nature of digital health innovations necessitates ongoing research to track shifts in public perceptions and adoption trends. Future studies should explore the effectiveness of targeted communication strategies tailored to the distinct segments identified in the cluster analysis, aiming to optimize the adoption and utilization of digital health tools. As digital innovations continue to evolve, a collaborative effort among healthcare practitioners, policymakers, and technology developers is essential to ensure that these tools meet the evolving needs and expectations of the public, ultimately enhancing healthcare delivery and patient outcomes.

**Author contributions:** Conceptualization, AAA and SA (Shaden Alotaibi); methodology, AAA and SA (Shaden Alotaibi); software, AAA; validation, AAA, SA (Shaden Alotaibi), and DA; formal analysis, AAA and RE; investigation, AAA, SA (Shahad Alshahrani), SA (Sara Alblwi), and MA (Mashael Asiri); resources, AAA and MA (Manar Alqurashi); data curation, AAA and LA; writing—original draft preparation, AAA and JA; writing—review and editing, AAA, SA (Shuruq Alshalawi), and NA (Nidaa Alhumaidi); visualization, AAA and NA (Noura Abusahba); supervision, AAA and SA (Samah Alqurashi); project administration, AAA and AA. All authors have read and agreed to the published version of the manuscript.

**Conflict of interest:** The authors declare no conflict of interest.

## References

- Ahmed, I., Ahmad, N. S., Ali, S., et al. (2018). Medication Adherence Apps: Review and Content Analysis. *JMIR MHealth and UHealth*, 6(3), e62. <https://doi.org/10.2196/mhealth.6432>
- Ahmad, W. M. A. W., Rohim, R. A. A., Norhayati, Y., et al. (2018). Developing A New Dimension of an Applied Exponential Model: Application in Biological Sciences. *Engineering, Technology & Applied Science Research*, 8(4), 3130–3134. <https://doi.org/10.48084/etasr.2124>
- Alanazi, M., Soh, B. (2019). Behavioral Intention to Use IoT Technology in Healthcare Settings. Available online: <https://pdfs.semanticscholar.org/2c44/3d4c170b7ac8c24df987ccb3f47510911fff.pdf> (accessed on 25 March 2024).
- Alhur, A. (2022). Exploring Saudi Arabia Individuals' Attitudes toward Electronic Personal Health Records. *Journal of Computer Science and Technology Studies*, 4(1), 80–87. <https://doi.org/10.32996/jcsts.2022.4.1.10>
- Alhur, A. (2024). Overcoming Electronic Medical Records Adoption Challenges in Saudi Arabia. *Cureus*. <https://doi.org/10.7759/cureus.53827>
- Alhur, A. (2024). Redefining Healthcare With Artificial Intelligence (AI): The Contributions of ChatGPT, Gemini, and Co-pilot. *Cureus*. <https://doi.org/10.7759/cureus.57795>
- Alhur, A. A. (2023). Public Health Informatics: The Importance of COVID-19 Dashboard in KSA. *Journal of Health Sciences and Medical Development*, 2(02), 64–79. <https://doi.org/10.56741/hesmed.v2i02.324>
- Alhur, A. A., Aldhfeeri, M. D., Alhur, A. A., Alghamdi, S. E. (2023). Telemental health and artificial intelligence: knowledge and attitudes of Saudi Arabian individuals towards AI-integrated telemental health. *Journal of Population Therapeutics and Clinical Pharmacology*, 30(17), 1993–2009.
- Alhur, A., Al Shahrani, F., Alasiri, K., et al. (2024). Promoting Dental Health Through Teledentistry: Assessing Awareness and Attitudes in Saudi Arabia. *Cureus*. <https://doi.org/10.7759/cureus.55805>
- Alhur, A., & Aldosari, B. (2024). Strengths and Obstacles of Health Informatics and Health Information Management Education and Professions in Hail City, Kingdom of Saudi Arabia: A Qualitative Study. *Cureus*. <https://doi.org/10.7759/cureus.52619>
- Ali Alhur, A. (2023). Public Health Informatics: The Importance of Covid-19 Dashboard in KSA for Sharing and Visualizing Health Information. *Journal of Information Systems and Digital Technologies*, 5(1), 43–59. <https://doi.org/10.31436/jisdt.v5i1.344>
- Beets, B., Newman, T. P., Howell, E. L., et al. (2023). Surveying Public Perceptions of Artificial Intelligence in Health Care in the United States: Systematic Review. *Journal of Medical Internet Research*, 25, e40337. <https://doi.org/10.2196/40337>
- Bennadi, D. (2014). Self-medication: A current challenge. *Journal of Basic and Clinical Pharmacy*, 5(1), 19. <https://doi.org/10.4103/0976-0105.128253>
- Campos-Castillo, C., & Anthony, D. (2019). Situated Trust in a Physician: Patient Health Characteristics and Trust in Physician Confidentiality. *The Sociological Quarterly*, 60(4), 559–582. <https://doi.org/10.1080/00380253.2018.1547174>
- Dayer, L., Heldenbrand, S., Anderson, P., et al. (2013). Smartphone medication adherence apps: Potential benefits to patients and providers. *Journal of the American Pharmacists Association*, 53(2), 172–181. <https://doi.org/10.1331/japha.2013.12202>
- Deslich, S., Stec, B., Tomblin, S., Coustasse, A. (2013). Telepsychiatry in the 21st century: transforming healthcare with technology. Available online: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3709879/> (accessed on 4 May 2024).



- Dhagarra, D., Goswami, M., & Kumar, G. (2020). Impact of Trust and Privacy Concerns on Technology Acceptance in Healthcare: An Indian Perspective. *International Journal of Medical Informatics*, 141, 104164. <https://doi.org/10.1016/j.ijmedinf.2020.104164>
- Erturk, E., & Jyoti, K. (2015). Perspectives on a Big Data Application: What Database Engineers and IT Students Need to Know. *Engineering, Technology & Applied Science Research*, 5(5), 850–853. <https://doi.org/10.48084/etasr.592>
- Figuroa, C. A., Murayama, H., Amorim, P. C., et al. (2022). Applying the Digital Health Social Justice Guide. *Frontiers in Digital Health*, 4. <https://doi.org/10.3389/fdgth.2022.807886>
- François, J., Audrain-Pontevia, A.-F., Boudhraâ, S., et al. (2024). Assessing the Influence of Patient Empowerment Gained Through Mental Health Apps on Patient Trust in the Health Care Provider and Patient Compliance With the Recommended Treatment: Cross-sectional Study. *Journal of Medical Internet Research*, 26, e48182. <https://doi.org/10.2196/48182>
- Gaylin, D. S., Moiduddin, A., Mohamoud, S., et al. (2011). Public Attitudes about Health Information Technology, and Its Relationship to Health Care Quality, Costs, and Privacy. *Health Services Research*, 46(3), 920–938. <https://doi.org/10.1111/j.1475-6773.2010.01233.x>
- Goode, J.-V., Owen, J., Page, A., et al. (2019). Community-Based Pharmacy Practice Innovation and the Role of the Community-Based Pharmacist Practitioner in the United States. *Pharmacy*, 7(3), 106. <https://doi.org/10.3390/pharmacy7030106>
- Hutchings, E., Loomes, M., Butow, P., et al. (2020). A systematic literature review of health consumer attitudes towards secondary use and sharing of health administrative and clinical trial data: a focus on privacy, trust, and transparency. *Systematic Reviews*, 9(1). <https://doi.org/10.1186/s13643-020-01481-9>
- Jarab, A. S., Abu Heshmeh, S. R., & Al Meslamani, A. Z. (2023). Artificial intelligence (AI) in pharmacy: an overview of innovations. *Journal of Medical Economics*, 26(1), 1261–1265. <https://doi.org/10.1080/13696998.2023.2265245>
- Lee, T. H., McGlynn, E. A., & Safran, D. G. (2019). A Framework for Increasing Trust Between Patients and the Organizations That Care for Them. *JAMA*, 321(6), 539. <https://doi.org/10.1001/jama.2018.19186>
- Morgan, H. (2016). ‘Pushed’ self-tracking using digital technologies for chronic health condition management: a critical interpretive synthesis. *DIGITAL HEALTH*, 2, 205520761667849. <https://doi.org/10.1177/2055207616678498>
- Narynov, S., Zhumanov, Z., Gumar, A., et al. (2021). Chatbots and Conversational Agents in Mental Health: A Literature Review. 2021 21st International Conference on Control, Automation and Systems (ICCAS). <https://doi.org/10.23919/iccas52745.2021.9649855>
- Palumbo, R., Nicola, C., & Adinolfi, P. (2021). Addressing health literacy in the digital domain: insights from a literature review. *Kybernetes*, 51(13), 82–97. <https://doi.org/10.1108/k-07-2021-0547>
- Pérez-Jover, V., Sala-González, M., Guilabert, M., et al. (2019). Mobile Apps for Increasing Treatment Adherence: Systematic Review. *Journal of Medical Internet Research*, 21(6), e12505. <https://doi.org/10.2196/12505>
- Powell, A., & Torous, J. (2020). A Patient-Centered Framework for Measuring the Economic Value of the Clinical Benefits of Digital Health Apps: Theoretical Modeling. *JMIR Mental Health*, 7(10), e18812. <https://doi.org/10.2196/18812>
- Sharma, S., Singh, G., Sharma, R., et al. (2020). Digital health innovation: exploring adoption of COVID-19 digital contact tracing apps. *IEEE Transactions on Engineering Management*.
- Trenfield, S. J., Awad, A., McCoubrey, L. E., et al. (2022). Advancing pharmacy and healthcare with virtual digital technologies. *Advanced Drug Delivery Reviews*, 182, 114098. <https://doi.org/10.1016/j.addr.2021.114098>
- Zapata, B. C., Fernández-Alemán, J. L., Idri, A., et al. (2015). Empirical Studies on Usability of mHealth Apps: A Systematic Literature Review. *Journal of Medical Systems*, 39(2). <https://doi.org/10.1007/s10916-014-0182-2>