# Preparation and Research Progress of Polymer-based Flexible Conductive Composites

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#### **ABSTRACT**

The development of flexible, wearable electronic devices is one of the future directions of technology development. Flexible conductive materials are important supporting materials for wearable electronic devices. Polymer has excellent flexibility; it is an important way to prepare flexible conductors from polymer-based conductive composites. In this paper, the research progress of polymer-based flexible conductive composites is summarized in terms of preparation and characterization methods. The key factors to realize flexible conductors are put forward, namely, the maintenance of excellent polymer elasticity and the realization of stability. The design and preparation of the extensible conductor with high-elasticity matrix and nanofiller are introduced in detail, and the problems in the current research are summarized. *Keywords:* Flexible causes; Polymers; Conductive composite materials

# 1. Introduction

Scientists predict that the next technological revolution in the world will be the development and application of wearable equipment. The flexible conductor is an important base material for wearable equipment. Flexible Conductors refers to the material in a large strain. It can maintain the good electrical performance of new intelligent electronic materials for electronic devices<sup>[1]</sup>, electronic skin<sup>[2]</sup>, intelligent fabrics<sup>[2]</sup>, intelligent robotic arms<sup>[3]</sup>, deformable electronic components<sup>[3,4]</sup> and other new intelligent materials that have very important applications.

The development of polymer-based conductive composites provides a new idea for the preparation of stretchable conductors. In polymer-based stretchable conductive composites, the polymer provides excellent elasticity, and the conductive filler forms a good conductive network in the polymer matrix. The two factors have to be satisfied in order to maintain good electrical performance: 1) to maintain the high elasticity of the polymer; 2) to have a stable or deformable conductive network. A wide range of in-depth studies have been carried out for the preparation of polymer-based tensile conductive composites, and domestic and foreign scholars have conducted extensive and in-depth studies. This paper will summarize the representative methods of preparation and research.

# 2. Preparation method

# 2.1. High elasticity matrix and nano filler

The first method used is to select the polymer with excellent elasticity and a high aspect ratio, improve the conductivity of the nanofiller, and improve the content of the filler. This method is mainly used to form a stretchable conductive network by using intertwined entanglement between high-content and high-aspect ratio nanostructured fillers in an elastic matrix. The matrix is similar to the random coil structure of the polymer material. (EPMS), polyurethane (TPU), styrene-(ethylene-butadiene copolymer)-styrene block copolymer (SEBS), etc. Fillers include carbon nanotubes (CNTs), nano-silver (AgNWs), graphene, expanded graphite, and so on. Among them, CNTs are the most widely used due to their high aspect ratio, intrinsic flexibility, and relatively mature preparation process. Japan's University of Tokyo Sekitani et al.[4] are the first to carry out research. They use the directblending method. Firstly, they used super-long singlewalled carbon nanotubes (SWCNTs, length 1mm above) and an ionic liquid mixture to form bulky gel. Then, it is blended with PDMS to form a stretchable conductor. Due to the strong force between the long SWCNTs and the tangential effect of the SWCNTs, the conductivity of the composites with a weight of 20% (57 S/cm; and the electronic devices prepared based on the

above flexible conductor materials still maintain excellent mechanical and electrical properties when they are 70% deformed in both directions. In order to improve the dispersibility of CNTs and the conductivity of composites, the conductivity of SEBS/CNTs (20%) composites was improved when the mass fraction of CNTs was increased to 20% by the high-speed mixing method. The conductivity of the composite decreased rapidly with the tensile strain. When the strain reaches 150%, the conductivity decreases by 3.5 orders of magnitude. In order to further improve, the composite (20%) was prepared into a solution and spin-coated on a pure SEBS surface to form a highly elastic, conductive composite. In order to further improve, the composite (20%) was prepared into a solution and spin-coated on a pure SEBS surface to form a highly elastic conductive composite, in which the pure SEBS provided high elasticity and large deformation. The resulting conductivity of the composite material was reduced by only 0.5 orders of magnitude at a strain of 150%. In addition, AgNWs are widely used to prepare flexible composites due to their high conductivity and good flexibility. North Carolina State University Song et al.<sup>[7]</sup> placed AgNWs with a diameter of 90 nm and a length of about 6 µm in a flexible PDMS in a screen-print manner. The reverse of the flexible antenna can be used for wireless transmission and so on.

# 2.2. Preparation of Structural Drawn Conductors

In method 1.1, most of the material can be stretched from the point of view. More research is focused on the conductive network structure to form a multi-level folding of the stretchable conductive network structure and enhance the structural extensibility of the method. The latter is also known as the structure of a stretchable conductor. The current application of this method is common, especially the following:

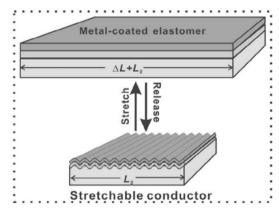
(1) pre-fabricating a highly conductive material into a wavy or multi-layered folded structure and then recombining with a flexible substrate. North American University Fan *et al.*<sup>[8]</sup> used the electron beam evaporation and chemical etching methods to prepare the metal conductor into a multi-level wave type, piano curve type, Cock curve, and other conductive structure with a folding structure (the structure is shown in **Figure 1**). Then, it is combined with the pre-strained PDMS to obtain a conductor with a strain greater than 100%. It is pointed out that the size of the material will significantly affect the stretch ability of the flexible conductor. The Shin *et al.*<sup>[9]</sup> of the University of Texas at Dallas<sup>[9]</sup> prepared CNT forms on silicon wafers using a vapor

deposition process catalyzed by Fe, and then, by pouring PU solution, penetrated into CNTs. CNTs are intertwined, and the formation of similarity to accordion-type conductive networks make the fracture elongation of the composite (CNTs only 0.1%) reach 1400%. 20% and 40% of the tensile strain has good conductivity retention and bending. Twisting can still maintain the original conductivity.

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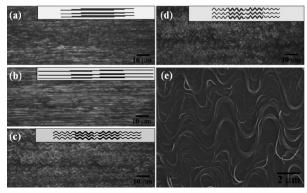
**Figure 1.** North American University Fan *et al.*<sup>[8]</sup> used the electron beam evaporation and chemical etching method to prepare the metal conductor into a multi-level wave type, Piano curve type, Cock curve and other conductive structure with a folding structure.

(2) By placing the highly conductive material on the pre-stretched, highly elastic substrate, the conductor will form a wavy or folded conductive structure upon recovery of the substrate. Wang et al.[10] of the Hong Kong Polytechnic University employed a layer of copper with a thickness of 100 to 300 nm on the surface of the pre-stretched PDMS by using a polyelectrolyte through a metal electroless deposition. In the process of matrix retraction, the nanocrystalline copper layer formed a wave structure. The successful preparation of the stretchable conductor is shown in Figure 2 for its mechanism diagram. Zhu et al.[11] also used the waveshaped conductive network generated during the prestretching and retraction of the substrate to fabricate a flexible conductor that penetrates the liquid silicone rubber onto the surface with PDMS as the substrate. The conductivity of the composite material is kept within the range of less than 50% of the strain after 5 times of stretching (when the strain is 50%). The reason is that, after repeated stretching, the composite conductive material is formed in the AgNWs. In the process of relaxation, the PDMS and AgNWs on the upper layer of the substrate form a folded wave-like conductive structure.

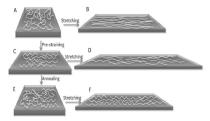


**Figure 2.** In the process of matrix retraction of the nanocrystalline copper layer formed a wave structure.

(3) By using the morphological control method to increase the contact between the filler. It can be stretched by enhancing the conductivity of the network. Zhang et al.[12] of the Los Alamos National Laboratory of the United States extracted the CNTs band (CNTR) from the spinneretable CNTs and held them in the PDMS. It was subjected to stretching and relaxation cycles to form a tensile network. Due to CNTR's good orientation structure and good contact in the process of stretching between the CNTs, only axial slip. So, the conductivity of the composite tensile strain reached 100% when the conductivity remained. The study shows that the orientation of CNTs is beneficial to maintaining the conductivity of the composites during stretching. Unlike the Jia task group at North Carolina State University, Zhu et al.[13], which directly placed the CNTR on the PDMS substrate surface, co-stretched CNTR/PDMS and relaxed. By carefully regulating the CNTs and PDMS interface. The control of CNTs and PDMS in the relaxation process depends on the degree of recovery, so that CNTs occur between the bending and bending and spontaneously buckle the formation of a folded conductive network. When the strain is 100% stretch and relaxation, the composite material conductivity in the re-stretch remains unchanged. The mechanism diagram is shown in Figure 3. In the PU/CNTs composites, the CNTs are oriented in the tensile direction by the pre-straining of the TPU/CNTs composites prepared by the fusion method. Then the thermal annealing treatment is carried out according to the orientation of the CNTs. While increasing the local contact and mutual buckle, the mechanism diagram is shown in Figure 4. When the CNT mass fraction is 30%, the conductivity of the composite remains constant, and the tensile strain reaches 300%.



**Figure 3.** Zhu *et al.*<sup>[13]</sup> directly placed the CNTR on the PDMS substrate surface, and co-stretched CNTR/PDMS and relaxed.



**Figure 4.** When the CNTs mass fraction is 30%, the conductivity of the composite remains constant and the tensile strain reaches 300%.

(4) through the design of flexible graphene or carbon nanotubes in airgel. The aerogels are used as conductors in the preparation of conductive composite materials. Carnegie Mellon University Kim *et al.*<sup>[15]</sup> prepared a composite of the SWCNTs by filling the SWCNTs airgel with PDMS, and the composites were prepared when the tensile strain reached 100%. The conductivity remains the same. Dalian University of Technology Qiu Qishan Project Group<sup>[16,17]</sup> also prepared a flexible compressible conductive composite by refilling PDMS into graphene airgel.

The method of forming a folded network structure in the matrix is one of the most widely used methods for the preparation of flexible conductors. It is found that the orientation structure of the filler is beneficial to the preparation of the stretchable conductor.

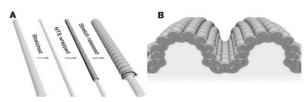
#### 2.3. Ionic liquid assistance or doping

The ionic liquid is assisted or doped, which enhances the force between the fillers and provides a variety of conductive modes. In the SWCNTs/elastic matrix composites, the ionic liquids with reactive activity were added to the SWCNTs/elastic matrix composites, which promoted the SWCNTs dispersion and also formed a strong effect between the SWCNTs. So, the composites could withstand the large strain in terms of electrical performance. Korea Institute of Science and Technology Kim *et al.*<sup>[19]</sup> sprayed CNTs with ionic liquid gels and silicone rubbers on

elastomeric substrates, then doped them with nitric acid vapor. The results show that after doping of the composite material in the twentieth stretch, the conductivity of 100% deformation only by the initial 19 S/cm reduced to 18 S/cm. Hong Kong Polytechnic University Shang Chungmin Task Group<sup>[20,21]</sup> CNTs were uniformly dispersed into the PU matrix by means of ionic liquids. Then the composite material for removing the ionic liquid was thermally stretched 10 times at 100 °C to make CNTs in the matrix. When the mass fraction of CNTs is 10%, the conductivity of the composites increases slightly. When the tensile deformation reaches 100% and can maintain several cycles.

# 2.4. Fibrous conductive polymer-based flexible composites

In the fibrous conductive polymer-based flexible composite material, flexible conductors are prepared by the flexibility and weaving of fibers. The preparation include conventional methods spinning electrospinning. Daniel et al.[22] of the University of Texas at Dallas<sup>[22]</sup> wound flexible CNTs on the surface of the stretched rubber fibers, followed by CNTs forming a multilayer stretchable structure during the relaxation of the rubber fibers. Then, it obtains a stretchable conductor with a multi-layer structure with fiber as the core and CNTs as the shell. The rubber layer can be further coated on the CNT layer to form a multilayer structure conductor. The results show that the core has a 1000% tensile strain when the resistivity change is less than 5%, reflecting its excellent stretchability and structure, as shown in Figure 5. Liu et al.[23] of Duke University of the United States used a method of applying a layer of CNTs to the surface of polyisophthalamide (PMIA) fibers during the formation of poly. The orientation of CNTs was promoted during the stretching process, and the obtained composite fibers were maintained at 200% tensile strain. Ma et al.[24] of Sungkyunkwan University<sup>[24]</sup> used the petal-like nanosilver directly and PU compound and spinning due to the petal-like nano-silver and PU between the strong composite fiber conductivity up to 41,245 S/cm and elongation at break up to 776%. Then the composite fibers were prepared into weft knitted fabrics, which had a conductivity change of less than 5% when the tensile strain reached 200%.



**Figure 5.** The core-1000% tensile strain when the resistivity change is less than 5%, reflecting the excellent stretchability.

Electrostatic spinning is an effective method for the preparation of micro-nano and flexible fibers. Persa et al.[25] of the University of Illinois at Urbana-Champaign of the United States<sup>[25]</sup> changed the spinning collection method by using a roller-type ordered polyvinylidene fluoride-trifluoroethylene copolymer (P (VDF-TrFE)) of the electrospinning and loading it on the PDMS surface to achieve low pressure under the effect of strain induction. Based on the basic method of high-voltage electrospinning, a new type of spinning nozzle reciprocating spinning device can be used to obtain a distorted structure of polyvinylpyrrolidone/polyethylene dioxythiophene/polystyrene sulfonate (PVP/PESOT: PSS) micro-nanofibers. Since the fibers are stored in a twisted structure, they can be used for flexible, stretchable conductors.

#### 2.5. Other methods

In addition to the above three categories, there are many outstanding results, such as the natural rubber after the swelling and diffusion of graphene<sup>[27]</sup> and the preparation of flexible conductive hydrogels<sup>[28]</sup>. British University of Surrey Boland et al.[27] used vulcanized rubber to swell and dissolve the vulcanized natural rubber with suitable solvents and to penetrate into the graphene by diffusion. The results show that the graphene is gradually infiltrated from the surface of the natural rubber, and the permeability of the graphene is increasing with the infiltration time. The higher the conductivity of the composite material, the higher the conductivity of the composite material, which is 0.5% (volume fraction). After infiltration for 50 h, the percolation value of the composite material is only 0.12% (volume fraction). For its flexible test, the elongation of the material is greater than 800%. The composite material with a low graphene mass fraction (0.2%) is an ultra-sensitive strain sensor with a GF (gauge factor) of 35. Ding et al., Carnegie Mellon University, USA<sup>[28]</sup> prepared polyaniline materials with micro-nanostructures by photo-curing heparin-acrylate as a scaffold for the design of dual-network hydrogels. It was found that the composite hydrogel had a storage modulus of only (900  $\pm$  100) Pa and a resistance value of  $4.17\Omega$  (1 kHz). It was a flexible, conductive hydrogel

with excellent properties and a wide range of applications in artificial skin. The preparation method provides ideas and experiences for the design and preparation of polymer-based stretchable flexible conductors from the aspects of substrate and filler selection, structural design of the conductive network, and the preparation method. The main factors influencing the extensibility of the composites are the degree of contact between the fillers, the structure of the conductive network, and the high elasticity of the composites. However, there are some problems in the above studies, including: 1) higher filler content: when using direct composite, the use of filler is too high, such as CNTs mass fraction of up to 10% or even 30%, far more than CNTs percolation, which will damage the high elasticity of composite materials and cannot reflect the advantages of nano-filler. Increasing the filler content ensures sufficient contact between the fillers to improve the conductivity of the composite material, but it will reduce the high elasticity. 2) The extensibility of the conductive network structure is low. When the polymer-based tensile conductor is prepared by the direct recombination method, CNTs are uniformly dispersed in the matrix, and CNTs are crimped. With a certain tangent but weak interaction force, the structure of the conductive network also has very low stretchability. This will seriously affect the stretchability of composite materials, resulting in poor conductivity of the composite material under great strain attenuation. 3) In the preparation of a stretchable conductor with a folded conductive network, the post-processing is complicated and requires difficult handling. In repeated tension relaxation, it is difficult to accurately predict the appropriate tensile strain and the number of cycles, which requires a large number of experimental attempts. In the regulation of the interfacial force between CNTs and the substrate, the interfacial force between the test and the theoretical simulation is difficult. So, the theory is difficult to achieve prediction, but you also need to try to experiment.

# 3. Research characterization

In the study of flexible conductors, the most common concern is the conductivity of the conductor, the flexibility or elongation of the composite, and the change in conductivity and stability of the conductor under various deformations. The key factors that determine the performance of these properties are the structure of the conductive network and the content of the filler. The characterization of these two factors mainly includes intuitive morphology and indirect structure characterization.

#### 3.1. Flexible characterization

The method used to characterize the performance of flexible conductors is to characterize the tensile modulus or elongation at break of the conductor [4,28,29]. Then, test the conductor for tensile [6,12], bend [9,20] and other changes in conductivity and repeatability. Once again, through the conductor used to connect electronic devices such as LED lights [11], the characterization of electronic device performance changes.

The first thing used to characterize the material is its modulus. Kujawski *et al.*<sup>[29]</sup> found that the elastic modulus was only 1.44 MPa when the filling amount reached 25% (mass fraction) after padding with PDMS (PDMS and curing agent ratio of 20:1). It has good flexibility, indicating that it can be used for flexible electrode materials. Ding *et al.*<sup>[28]</sup> found that the prepared double-network hydrogel had a storage modulus of only (900  $\pm$  100) Pa, which was lower than that of the more flexible materials (1  $\sim$  10kPa).

Followed by the test conductor in a variety of strain conditions, it changes in conductivity. This method uses the most and is the most intuitive of the characterization methods. Sekitani et al.[4] first compared the SWCNT film and its composite materials with conventional commercial conductive rubber. The results show that the conductivity of the SWCNT film is 40% of the tensile strain using conventional conductive rubber. The SWCNT composite material can be repeated more than 103 times when the strain is 50% cyclic repeatable. Zhang et al.[12] designed the preparation of the synchronous test device to characterize the conductor in the process of stretching and circulation of the conductivity changes in the law, found through the CNTs prepared by the flexible conductor in the elongation of 120% to remain unchanged. The number of cycles is up to 30. Shin et al. [9] tested the change in conductivity during bending and torsion in order to demonstrate the properties of flexible conductors prepared by CNTs and found that the conductivity of the composites varied by only 1% during the bending process with a conductivity change of less than 4% and could maintain more than 100 times the bending or folding. (HTVSR)/CNTs composites with chitosanpretreated CNTs with a change in bending or torsional angle, the results show that when the CNTs content is low, the conductivity rate increases with the increase of the bending or twisting angle; and the conductivity does not change with the bending or twisting angle when the CNTs content is high, which shows that it has good flexibility. The use of flexible conductors to connect electronic devices such as LED lights with the flexibility of the degree of deformation of the conductor to prove

the degree of brightness. Xu *et al.*<sup>[11]</sup> used this method to connect the AgNWs/PDMS wires to the LEDs and energize them, finding that the brightness of the LEDs was reduced at the time of stretching. The brightness of the LEDs was unchanged after the conductor was folded, and the AgNWs/PDMS have good flexibility.

#### 3.2. Characterization of the form

Morphological representations can visually observe the structure of conductive networks, including various microscopic techniques such as SEM, TEM, and so on. For example, Zhu et al.[13] and Lin et al.[14] used SEM to characterize the structural changes of the composites before and during the pre-strain process. The results of Zhu et al.[13] show that CNTs undergo a process of stretching and recovering at the same time during the stretching process. After several stretchings, the CNTs form a wavy conductive network, which is conducive to the use of composite materials in the process and does not change with the strain changes. Lin et al.[14] have shown that the conductive network of CNTs undergoes processes such as tensile orientation, solution orientation, and local lap during the pre-strain process of TPU/CNT composites, resulting in a stable lap between CNTs. The internet structure can maintain the stability of conductivity.

For CNTs, CNT aerogels, and graphene aerogels, SEM or TEM visual morphology is the most commonly used. Zhang *et al.*<sup>[12]</sup> demonstrated that CNTs have obvious entanglement in CNTs by SEM and TEM, which is helpful to maintain the stability of the conductivity of the composites during stretching. Qiu Jie Shan, etc. proved through the SEM that the preparation of graphene aerogels has obvious hollows and has a strong role between each other, which ensures the airgel in the strain stability.

#### 3.3. Characterization of structures

The morphological representation conductive network is limited by the size factor. Only the smaller range can be observed, and the representation of the structure is helpful to further prove the morphological changes, which are statistically significant. Fu Qiang et al.[14] in order to prove the process of orientation, solution orientation, and local relap of CNTs in TPE/CNT composites during pre-strain and heat treatment, one-dimensional and twodimensional X-ray displacement and Raman spectra. It is proven that the CNTs are oriented in the pre-strain process, and then the CNTs are decoupled during the annealing process. Finally, the conductive network is formed by local overlap and intertwined to ensure that the composite material is in the process of stretching its conductivity.

# 4. Summary

Flexible conductive material is an important supporting material for wearable equipment. Its preparation and research are of great significance. The use of highly flexible and highly flexible polymeric materials allows the preparation of high-performance polymer-based flexible conductors. However, how to use a controlled and predictable experimental method to form a folded structure in less conductive fillers is to produce high-rate polymers. The key to stretching the conductor is also the current focus of attention.

# **Conflict of interest**

The authors declare no conflict of interest.

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