

Analysis on the role of ideological and political elements in college badminton

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Abstract: Ideological and political education is an indispensable key link in the special badminton teaching in colleges and universities. It not only pays attention to the physical and mental health of college students, but also promotes the students to master the special badminton technology. This paper discusses the practical significance of integrating ideological and political elements into badminton courses in colleges and universities. Through the in-depth analysis of the difficulty of integrating professional knowledge with ideological and political elements, the problems of teachers' quality and ideas, and the problems of students' individual differences and acceptance, this paper reveals the challenges faced in the badminton specialized courses. The difficulty of the integration of professional knowledge and ideological and political elements is mainly reflected in the technical characteristics, the particularity of disciplines and the division of disciplines, while the problem of teacher accomplishment and concept involves the understanding and recognition degree of PE teachers on ideological and political education.

Keywords: Badminton turn; Ideological and political elements; Physical education teaching

1. Ideological and political elements into the theoretical basis of college badminton courses

1.1 Ideological and political education theory

Political and ideological education. The orientation of ideological and political education to individual needs in the new era is the unity of regularity, epochal nature and pertinence, which is not only the necessary demand to follow the law of the formation and development of human ideological and moral character, but also the actual demand to solve the individualized dilemma of ideological and political education, and the inevitable requirement to promote the high-quality development of ideological and political education.^[1] Political and ideological education aims to guide students to form correct political positions and ideological concepts. In badminton courses, the relationship between sports and social politics can be explained to stimulate students' awareness of social responsibility and political participation. For example, by discussing the political impact of sports throughout history, students develop sensitivity to social and political issues. In the badminton elective courses, students can be guided to respect the rules and opponents by discussing the discipline and rules in sports events, and enhance their concept of rule of law. This helps to form students' good habits of abiding by the law.

1.2 Concept of all-round development

The concept of all-round development emphasizes the all-round development of individuals in many aspects, including intelligence, sports, aesthetic education, labor and so on. This concept has important implications for educational, social and individual growth. According to Marx's concept of comprehensive human development, sports should not only promote the development of human physical body and perceptual body, but also pay attention to helping human beings build a happy community through sports, and first emphasize the improvement of individual comprehensive quality to become a complete person.^[2] The concept of all-round development advocates the cultivation of individuals in various fields, so that they not only have strengths in professional fields, but also can be comprehensively developed in many aspects such as thought, emotion, morality and social interaction. This will help to cultivate more comprehensive quality talents and improve the comprehensive competitiveness of individuals. The second is to emphasize the diversity of human values and promote innovation and comprehensive ability. Therefore, the introduction of the concept of all-round development in college badminton courses can enable students to develop individual intelligence, sports quality and comprehensive literacy more comprehensively while cultivating professional skills, and provide a more solid foundation for their future career and social life.

2. Ideological and political elements into the university badminton curriculum challenges

In the badminton elective courses, the problems of teacher quality and philosophy become a significant challenge that hinders the integration of professional knowledge with ideological and political elements. This challenge is mainly reflected in the lack of understanding of the concept of ideological and political education, and their tendency to emphasize the cultivation of professional skills while ignoring the ideological and political elements in teaching. On the one hand, physical education teachers usually receive special education and training in physical education, emphasizing the cultivation of sports skills, tactical training and physical quality. However, in this professional education system, the idea of ideological and political elements may not receive sufficient attention and in-depth understanding. The education teachers receive in the professional knowledge system emphasizes the teaching of subject skills, while the training and concept transmission in ideological and political elements are relatively small, which may make it difficult for teachers to naturally integrate ideological and political elements in teaching design. On the other hand, PE teachers may pay more attention to the imparting of subject knowledge and the cultivation of professional skills, and their understanding and recognition of ideological and political elements may be different. Because in their professional fields, they emphasize sports training and technical improvement, while ignoring ideological and political elements such as sports ethics and social responsibility to varying degrees. This makes the status of ideological and political elements relatively low in the minds of professional teachers, and it is difficult to be effectively reflected in teaching practice.

3. The ideological and political elements into the university badminton curriculum strategy research

Designing scenario simulation and comprehensive case analysis is one of the strategies to integrate ideological and political elements into college badminton courses. This method not only stimulates students' interest in learning, but also improves the practicability of ideological and political elements in actual sports training, which has significant advantages and operability.

First of all, through the design of scenario simulation and comprehensive case analysis, the abstract ideological and political elements can be made more concrete and vivid, and closer to the actual experience of students. The introduction of specific situations in badminton training, such as moral decision-making in simulated games and ethical issues in team cooperation, can guide students to think about ethics and social responsibility in practice, so as to deepen their understanding of these ideological and political elements. Secondly, this method can cultivate students' ability of comprehensive analysis and problem solving. Comprehensive case analysis usually involves multiple aspects of knowledge, requiring students to make comprehensive analysis and judgment by using ethics, morality and other ideological and political elements on the basis of badminton professional skills. This cultivates the students' ability to think comprehensively, making them more able to cope with complex situations in the future. episodic memory refers to the memory of individual experiences that occur in specific time and space background.^[4] In addition, this strategy increases the interest and interactivity of the course. Through scenario simulation, students can more intuitively feel the integration of ideological and political elements and badminton professional knowledge, which improves the attractiveness of learning. Comprehensive case studies can also be conducted through group cooperation to promote communication and discussion among students and form a common understanding and consensus.

In terms of operability, teachers can design relevant cases in combination with actual situations and real competition experience, and use teaching resources and technical means to simulate. With the help of advanced technology, such as virtual reality (VR) technology, teachers can create more realistic and vivid situations for students and improve the practicability of case studies. Teachers also have the flexibility to select or design cases according to students' level and interests to ensure that the cases are appropriate and challenging, prompting students to engage and think deeply. Therefore, the design of scenario simulation and comprehensive case analysis is an innovative and practical teaching strategy, which helps to organically combine ideological and political elements with badminton courses and improve students' learning motivation and comprehensive literacy.

4. Ideological and political elements into the practical significance of college badminton courses

The integration of ideological and political elements into college badminton courses has far-reaching practical significance, which not only helps to cultivate students' overall quality, but also promotes higher education to develop in a more comprehensive and humanistic

direction. This process involves moral ethics, social responsibility, humanistic care and other aspects, which has a positive impact on the growth of students and the improvement of comprehensive literacy.

By integrating ideological and political elements into badminton training courses, we can cultivate students' all-round quality. Traditional sports courses focus on the cultivation of students at the technical and tactical levels, while the introduction of ideological and political elements enables students to cultivate more comprehensive qualities in addition to professional skills. Ethical and moral education can guide students to form correct values and moral concepts, and cultivate their sense of responsibility, civic consciousness and social participation ability, so as to lay a solid humanistic foundation for their future career and social communication.

In general, the integration of ideological and political elements into college badminton courses is not only conducive to the overall development of students, but also can guide students to form a positive outlook on life and social outlook. This has important practical significance for the innovation of higher education and the improvement of students' humanistic literacy, and lays a foundation for cultivating a new generation of talents with a sense of responsibility and mission.

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