

# Practice and Exploration of Secondary Vocational Students' Post Practice Education

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**Abstract:** Post internship is a way for students to participate in production work directly after learning knowledge and skills, which is of great significance for students' future employment and development. As a place to train high-quality and skilled talents, on-the-job practice is an important link in education and an important way to complete the talent training program. In order to effectively improve students' mastery of professional knowledge and complete the cultivation of students' good quality and professionalism, secondary vocational colleges should actively lead students to carry out on-the-job internships, so as to effectively promote the development of students and the construction of secondary vocational colleges.

**Keywords:** Secondary Vocational Colleges; Post Internship; Corporate Culture; Moral Education Management

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## Introduction

The issue of student employment is a hot topic in the current society, and employment is an important issue that students need to face in the future. The severe employment situation brings great pressure to students in vocational colleges. In order to ease the employment pressure of students and improve the quality of talent training, secondary vocational colleges actively innovate the talent training model and carry out on-the-job internship to provide guarantee for the development of students. Due to subjective, objective and other factors, the implementation of on-the-job practice in secondary vocational colleges has been hindered to some extent. Teachers should clarify the current situation of on-the-job practice education, actively innovate educational methods, effectively improve the quality of talent training, and promote the all-round development of students.

## 1. Current situation of post practice education for secondary vocational students

### 1.1 The school does not pay enough attention to the internship

School is an important place to carry out education and teaching, not only to provide security for students' study and life, but also to lay the foundation for students' future development. Some secondary vocational colleges believe that the ultimate goal of students' study is employment, so they take the initiative to strengthen the cooperation between secondary vocational colleges and enterprises, actively provide students with a platform for on-the-job internship, and provide a solid guarantee for students' future development. However, some schools ignore the characteristics of secondary vocational colleges, excessively pursue the enrollment rate of students, and encourage students to improve their academic qualifications<sup>[1]</sup> Therefore, there are some problems in leading students to carry out internship time, tasks and evaluation methods, which have a certain impact on students' promotion.

### 1.2 Students' participation in post internship is not high

The purpose of secondary vocational colleges to carry out post practice education is to encourage students to participate in the process of post practice and complete the cultivation of students' ability. Some students of secondary vocational colleges actively participate in the internship arranged by students, and master relevant knowledge and skills through phased internship, laying a good foundation for students' future employment and development. However, some students are seriously affected by the current social employment form, and believe that only by constantly enriching their knowledge and improving their academic qualifications can they enhance their competitiveness in the society. Of course, students have certain significance for the future planning, but they need not only professional knowledge but also professional ability to establish themselves in the society, so as to enhance their competitiveness. Because of various reasons, students avoid the tasks of

post practice and take a negative attitude towards it, which has a serious impact on the development of students' comprehensive ability.

### **1.3 The teacher fails to give corresponding guidance and education to the students**

Post internship means that students go out of campus to carry out related work in enterprises, and complete the cultivation of students' ability through labor training and other forms. Students in secondary vocational colleges are in the stage of adolescence, and their abilities in all aspects are in the process of development. They do not have a thorough understanding of external things. Therefore, the guidance and education of teachers is particularly important when students go to enterprises for post practice. Teachers should not only pay attention to students' practice situation, but also pay attention to students' mental health, so as to promote students' healthy development<sup>[2]</sup> Teachers pay due attention to students when carrying out on-the-job practice education, actively communicate with students to understand their work conditions, but ignore students' psychological problems and fail to give timely guidance to students' psychological problems arising from the practice process. If this goes on in the long run, it will have an impact on students' development. Teachers should follow the development rules of students, be good teachers and helpful friends of students to give students corresponding guidance, so that students can gradually adapt to the task of on-the-job practice, and improve their professional ability and accomplishment.

## **2. The educational significance of post practice for secondary vocational students**

### **2.1 Help students understand corporate culture**

The purpose of education in secondary vocational colleges is to continuously transport high-quality and high-level professional and technical talents for the society, so as to contribute their own strength to the continuous development of social economy. Therefore, students need to master professional knowledge and professional skills through study to lay a good foundation for future employment. On-the-job internship is a way for students to study and practice in enterprises supported by school-enterprise cooperation, which is of great significance to the development of students' ability. In addition, on-the-job internship education for secondary vocational students is conducive to helping students fully understand the corporate culture, so that students have a preliminary understanding of the future work, which is of great significance to the future development of students.

### **2.2 Enhance students' social practice experience**

Practice is an important way for students to broaden their vision, broaden their knowledge and accumulate experience. As an important way to train talents in secondary vocational colleges, on-the-job internship is not only a form of labor training, but also an effective way for students to enhance their own social practice experience. On-the-job internship can not only help students consolidate knowledge and accumulate practical experience, but also communicate and exchange with others in the work, effectively completing the cultivation of students' interpersonal skills. Secondary vocational students' on-the-job internship education is conducive to helping students enhance social practice experience, constantly accumulate work skills and methods, and lay a good foundation for students to participate in work in the future.

### **2.3 Cultivate students' good spiritual quality**

The students of secondary vocational colleges are in the stage of adolescence, which is the key period to cultivate students' correct values and good quality. After students finish learning professional knowledge on campus, they enter enterprises for on-the-job internship. Working together with enterprise employees is of great significance to the development of students' ability. At the same time, when students communicate with enterprise employees, they can imperceptibly cultivate students' good qualities such as hard work, diligence and bravery. Make the students become excellent talents with high quality and high level. Secondary vocational students' internship education not only lays a good foundation for the development of students, but also completes the cultivation of students' good spiritual quality, so that students have the ability to stand in the society.

## **3. Secondary vocational students post practice education practice**

### **3.1 Strengthen ideological education and change students' concepts**

Students' participation in post practice is not high, and the lack of attention is an important factor affecting the development of post practice education. In order to improve the current situation of students' on-the-job internship in secondary vocational colleges, colleges and universities should strengthen ideological education for students, actively infiltrate the importance of on-the-job internship to students' future development, fundamentally change students' concepts, and guide students to actively participate in the process of on-the-job internship. Complete the cultivation of students' knowledge and ability. [3]

In order to change the idea of students, the secondary vocational colleges should strengthen the ideological education of students. Secondary vocational schools can fully combine the characteristics of students, actively organize themed activities, exchange meetings and lectures related to post internship for students, invite teachers responsible for post internship or career guidance teachers to organize meetings, and actively infiltrate the importance of post internship to the future development of students. Through participating in various conferences, students gradually change their own ideas and realize the importance of on-the-job practice for future development, so as to actively participate in the process of internship and continuously improve and develop themselves.

### **3.2 Strengthen school-enterprise cooperation and provide internship opportunities**

Post internship is based on the cooperation between vocational schools and enterprises, students go into the enterprise to practice and work, to create benefits for the enterprise at the same time, personal development. Secondary vocational colleges should clarify their own school-running characteristics and professional work direction, and actively communicate with local or surrounding enterprises, so as to reach a consensus on school-enterprise cooperation. Through strengthening cooperation between schools and enterprises, secondary vocational schools continue to provide internship opportunities for students, so that students can participate in the internship process and constantly improve their own ability.

Secondary vocational schools should actively provide internship opportunities for students and strengthen cooperation with enterprises. For example, in the nursing major of secondary vocational colleges, school leaders should clarify the employment direction of nursing students, and actively communicate with local hospitals, medical institutions and other enterprises, so as to reach a friendly cooperative relationship and transfer nursing students to hospitals and other enterprises. The strengthening of school-enterprise cooperation provides students with the opportunity to practice, and students actively participate in the internship and constantly improve themselves.

### **3.3 Improve the training program and encourage on-the-job internship**

Post internship is an important way for secondary vocational colleges to complete the talent training program, and it is also the main way to improve students' ability. In order to promote students to actively participate in the process of post internship, secondary vocational schools should actively improve the talent training program, incorporate post internship into the talent training program, and actively innovate the evaluation mechanism, encourage students to participate in post internship, and complete the training of students. Perfecting the talent training program provides a new idea for teachers to carry out teaching, and provides a solid guarantee for the continuous development of students.

In order to encourage students to participate in post internship, secondary vocational colleges should actively improve the talent training program. Secondary vocational college students usually participate in post internship in the last year of school, laying the foundation for students' future employment. Secondary vocational schools can divide post practice into courses and set up corresponding credits and instructors. Under the guidance of teachers, students can successfully complete the internship tasks within the specified time and obtain the corresponding credits, so as to complete the internship education. Improving the talent training program is an important way to encourage students to participate in the internship. Secondary vocational colleges should start from the aspects of students' majors and abilities to complete the training of students.

## **Conclusion**

In summary, on-the-job practice is an important way to carry out education and teaching in secondary vocational colleges, and it is also an important strategy to complete talent training. Secondary vocational colleges should pay more attention to post practice, actively carry out

post practice education to strengthen students' ideological education and change students' ideological concepts; Strengthen cooperation with enterprises and provide internship opportunities for students; Improve the talent training program and innovate the evaluation mechanism, encourage students to participate in the internship, complete the knowledge learning and personal ability improvement. As an important factor in teaching, teachers should pay attention to students, pay attention to the development of students' mental health and moral education, and comprehensively improve the quality of talent training in secondary vocational colleges.

## References

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