

# **Exploration of the Teaching Mode of Science Curriculum Theory Based on Project-Based Learning**

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*Abstract:* This study explores project-based learning in science teaching models. Firstly, the theoretical basis of project-based learning is analyzed, the existing science teaching mode is evaluated, and the construction and implementation strategy of the science teaching mode based on project-based learning is proposed. Then, through empirical research, this study found that this model can effectively improve students' academic performance, enhance students' interest in learning, and improve students' hands-on ability. However, the implementation of this model requires teachers to have a high level of professionalism and adequate teaching resources. Finally, this study concludes that the project-based learning science teaching model is a potential teaching model that deserves further exploration and practice.

Keywords: Project-Based Learning; Science Teaching; Curriculum Model; Practical Learning; Teaching Innovation

#### Introduction

In today's educational environment, how to enhance students' interest in learning, cultivate their innovative thinking and problem-solving skills has become the focus of educators. In this context, project-based learning, as a teaching method that emphasizes student agency, emphasizes practice, and pays attention to teamwork, has gradually been favored by educators. Science courses are an important way to cultivate students' scientific thinking and problem-solving skills, however, traditional science teaching methods often focus on the instillation of knowledge, lack of practice, students often passively accept, lack of active participation. Therefore, how to introduce project-based learning concepts and methods into science course teaching and break the traditional teaching mode is the problem that this paper hopes to explore. This paper will first explain the theoretical basis of project-based learning, then evaluate the existing science teaching model, then discuss how to construct and implement the project-based learning science teaching model, and analyze the impact and effect of project-based learning on science teaching through empirical research. It is hoped that the research of this thesis can provide a valuable reference for the innovation of science teaching.

### 1. The theoretical basis of project-based learning

Project-based learning is a student-centered approach that emphasizes the acquisition of knowledge and skills through project activities to explore and solve problems in real or simulated situations. The following are the core theoretical foundations of project-based learning: 1. Definition and characteristics: Project-based learning is not simply classroom teaching, but a deep learning method<sup>[1]</sup>. It focuses on students' active participation, emphasizing practicality and teamwork. Under the guidance of teachers, students need to solve practical problems through research, design, and implementation of projects to achieve learning goals. 2. Theoretical support: The theoretical support of project-based learning mainly comes from constructivism and cooperative learning theory. Constructivism believes that knowledge is not imparted, but actively constructed through learners. In project-based learning emphasizes that learning is a social process, and through cooperation, students can learn from each other, promote each other, and improve learning results. 3. The relevance of project-based learning to science teaching: The purpose of science teaching is not only to enable students to

master scientific knowledge, but more importantly, to cultivate their scientific thinking and problem-solving skills. Project-based learning meets this requirement. Through project activities, students can learn and apply scientific knowledge in practice, develop their scientific thinking and problem-solving skills.

#### 2. The evaluation of existing science teaching models

Science teaching has always been the focus and difficulty in the field of education, and its teaching mode has an important impact on students' learning effect. At present, there are mainly the following science teaching models<sup>[2]</sup>: 1. Traditional science teaching mode: This model is usually teacher-centered, teachers explain theories, and students memorize knowledge points. The advantage of this model is that the structure is clear and the content is comprehensive, but the disadvantage is that it ignores the subjectivity of students, places too much emphasis on memory and understanding, and neglects practice and innovation. 2. Inquiry-based science teaching mode: This model encourages students to learn scientific knowledge through experiments and inquiry, and enhances students' hands-on and practical ability. However, due to time, resources, and equipment constraints, this model is often difficult to implement in large-scale classroom teaching. 3. Project-based science teaching model: This model attempts to allow students to learn scientific knowledge in practice and develop their scientific thinking and problem-solving skills through the design and implementation of projects. This model emphasizes students' subjectivity and teamwork, which can stimulate students' interest in learning and improve their learning depth. However, the design and management of the program requires a high degree of professionalism on the part of the teachers, as well as sufficient teaching resources and time.

In general, existing models of science teaching have their advantages and limitations. How to choose or combine these models to adapt them to different teaching objectives and student needs is an important challenge for science teaching. At the same time, it is also necessary to explore new teaching models to meet the development needs of education.

# **3.** Construction and implementation of project-based learning science teaching mode

The project-based learning science teaching model emphasizes students' active participation and practical learning, emphasizing students' teamwork to solve real scientific problems. Here are the main steps to build and implement this teaching model<sup>[3]</sup>: 1. Determination of teaching objectives and content: First, it is necessary to clarify the objectives of teaching, including knowledge goals, skill goals and emotional goals. Then, according to the teaching objectives, select the appropriate project theme and content. The theme of the project should be challenging, stimulate students' interest in learning, and the content of the project should cover the main knowledge points in the teaching objectives. 2. Project design and implementation steps: Project design is a systematic process, which needs to consider the theme, objectives, tasks, resources, evaluation and other aspects of the project. 3. Shift in the role of teachers and students: In project-based learning, the role of teachers changes from traditional knowledge transmitters to learning facilitators and coordinators, who need to guide students to self-discovery and solve problems, coordinate teamwork, and provide necessary feedback and support. The project-based learning science teaching mode helps to cultivate students' scientific thinking and problem-solving ability, improve their learning interest and hands-on ability, but at the same time, it also has high requirements for teachers' professional quality and teaching resources.

### 4. Empirical research and analysis

To understand the effects of project-based learning in science teaching models, an empirical study was designed and conducted<sup>[4]</sup>. Empirical research mainly includes the following steps: 1. Study Design: First, select some science courses and divide students into experimental and control groups. The experimental group adopted the project-based learning science teaching mode, while the control group adopted the traditional science teaching mode. Then, determine the time frame for the study, such as one semester. 2. Data collection: During the research process, the learning data of two groups of students were collected, including classroom participation, academic performance, project results, feedback surveys, etc. Data collection can be carried out using various methods such as observation method, test method, questionnaire method, interview method, etc. 3. Data analysis: At the end of the study, the collected data is analyzed, including descriptive and inferential analysis. Descriptive analytics can help understand the basics of the data, such as

average student performance, engagement, and more. However, it should be noted that the results of empirical research may be affected by many factors, such as individual differences in students, teachers' teaching methods, teaching environment, etc., so the results of empirical research need to be interpreted with caution.

# 5. Conclusion

Through the analysis of the theoretical basis of project-based learning, the evaluation of existing science teaching models, the construction and implementation of project-based learning science teaching models, and empirical research and analysis, this paper deeply explores the science teaching mode based on project-based learning. It is found that project-based learning, as a teaching mode that emphasizes students' subjectivity and practice, has significant advantages for improving the quality of science teaching and cultivating students' scientific literacy. Especially in cultivating students' inquiry, innovation and teamwork skills, project-based learning has its own unique advantages. However, to realize the benefits of project-based learning, a series of practical problems need to be addressed, including the transformation of the role of teachers, the transformation of the role of students, the problems of project design and management, the problem of teaching resources, etc. Empirical research results show that the project-based learning, and improving students' hands-on ability. However, this also requires teachers to have a high level of professionalism, as well as sufficient teaching resources and time support. Therefore, the project-based learning science teaching model is a potential teaching model that is worthy of further exploration and practice. In the future teaching practice, it is necessary to continuously optimize this teaching mode so that more students can benefit from it. At the same time, it is also expected that more research can further verify and improve this teaching model and provide more empirical evidence.

# References

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