

Reflections and Suggestions on Part-time Counselors for Graduate Students in Universities Under the New Situation

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Abstract: With the development of the new situation, the "00s" have become the mainstream college students in universities, and the "05s" are about to enter universities. The group of college students born in the 2000s has shown ideological characteristics such as high openness, strong self-esteem, strong individualism, active thinking, and weak psychological resilience, which have brought new challenges to ideological and mental health education in universities. At present, it has become a common trend for graduate students in universities to serve as part-time counselors, and the structure of university counselors is generally "a combination of full-time and part-time, with full-time as the main focus, and full-time leading and part-time". As a full-time counselor in a university, I have worked as a part-time counselor during my graduate studies. Based on my personal and practical experience as a part-time counselor, I will consider and study the impact of part-time counselors on the construction of the university counselor team. In order to make the construction of the university counselor team more professional, professional, and diversified, I will propose constructive suggestions.

Keywords: Graduate Student; Part Time Counselor; Construction of College Counselor Team

Introduction

With the convening of the 19th Plenary Session of the Communist Party of China and the National Conference on Ideological Education in Higher Education Institutions, the Ministry of Education and the Jiangxi Provincial Education Commission have increasingly attached importance to the ideological education and education of college students. The main job of college counselors is to be responsible for ideological education and mental health education for college students. The team of college counselors should adapt to the new situation of higher education development in China and the changing characteristics of student groups. Ideological education and mental health education work must inject new "blood" in order to bring new ideas to the management of student education in higher education institutions. Looking at universities in various regions, the construction of university counselor teams is not perfect. There are characteristics such as low proportion of university counselors, lack of innovation, lack of fresh elements, and lack of diversification. The university counselor team should adapt to the new situation of higher education development in China and the changing characteristics of student groups. With the addition of graduate students, not only can the construction of the college counselor team be more comprehensive, but also the proportion of college counselors can be increased, injecting new vitality, adding new elements, and stimulating new forces into the college counselor team, promoting the professionalization, diversification, and innovation of college counselor team construction, but there are inevitably many shortcomings. Therefore, studying, reflecting, and summarizing the models of graduate counselors in universities for the construction of university counselor teams will help improve the overall level of counselor team construction, making the construction of university counselor teams more comprehensive, professional, and diverse.

1. The particularity of part-time counselors for graduate students in universities compared to other part-time counselors

There are three types of part-time counselors in universities: part-time counselors for college students, part-time counselors for full-time teachers, and part-time counselors for government personnel. Among part-time counselors for college students, senior undergraduate or graduate students can be chosen as undergraduate or vocational counselors. In comparison, part-time counselors for graduate students in universities undoubtedly have more advantages than senior undergraduate students. [1] Although there is a smaller age difference and no generation gap between senior undergraduate students and college students, compared to graduate students, senior undergraduate students have less mature thinking, less meticulous thinking, less comprehensive consideration of problems, and insufficient experience in handling problems. Moreover, as both undergraduate students, their sense of professional identity is extremely low. Full time teachers and government teaching staff can also serve as part-time counselors. These groups have rich experience in student education management, but there are also some shortcomings. Moreover, full-time teachers and government teaching assistants who serve as part-time counselors are prone to confusion in their roles when facing many student problems due to their dual roles.

2. Advantages of part-time counselors for graduate students in universities

2.1 Strong comprehensive quality and ability, conscientious and responsible work

College graduate part-time counselors have all passed strict selection, so these types of graduate part-time counselors are outstanding in all aspects. During their university years, they are also the backbone of the student union, with certain management experience, high work enthusiasm, strong self-learning ability, quick familiarization with business, smooth work progress, and a strong sense of responsibility. They can assist full-time counselors in completing student education management work and become effective assistants for full-time counselors, Reduce the work pressure of full-time counselors, clarify the division of work responsibilities, and continuously improve work efficiency.

2.2 Easy to accept new things and be a close friend of students

As part-time counselors for graduate students on campus, graduate students and college students share the same identity, live in student dormitories, are of the same age, have similar interests and hobbies, have strong ability to accept new things, and make college students feel more approachable without a sense of distance. Students can open their hearts and speak freely. Therefore, compared to full-time counselors, graduate part-time counselors can more timely understand students' thoughts and real-life dynamics, identify problems, and seek appropriate solutions. In terms of student management work, students are able to timely change their role positioning, deeply understand their inner demands, and provide timely feedback to leaders, thereby accelerating the humanization and professionalization of student management methods and work methods, making them easy for students to accept and not counterproductive.

3. Disadvantages of part-time counselors for graduate students in universities

3.1 Postgraduate part-time counselors have limited thinking and need to improve their ability to relieve psychological stress

The primary status of part-time graduate counselors is still that of students, with most of their time and experience spent on learning and extracurricular life. Subjectively, they always consider problems from the perspective and perspective of students, overly focusing on the views and needs of the student community, rather than accompanying students' growth and leading them forward from the perspective of student workers. It is inevitable to encounter thorny practical problems in students' daily education and management work. Faced with practical problems that arise in students' daily education and management, it is impossible to provide professional, rational, and standardized rational judgments, and to use correct working methods to accurately handle problems. The part-time graduate counselor is engaged in student management work for the first time, and their abilities to understand things, judge right and wrong, release pressure, and regulate emotions need to be improved.

3.2 First time working as a student, lacking management experience

Graduate part-time counselors are selected from full-time graduate students who excel in both quality and education among the graduate group, most of whom are outstanding student cadres with rich experience in social practice and student education management during their student years. However, compared to student cadre work, part-time counselor work is more specific and complex, requiring student workers to possess more professional skills and a higher level of comprehensive literacy. Graduate part-time counselors lack rich management experience and have a low level of management in student daily affairs management.

4. Suggestions for postgraduate students in universities to serve as part time counselors

4.1 Establish a strict selection and assessment mechanism

For part-time counselors for graduate students, the selection must adopt a combination of recommendation from their affiliated colleges and departments and open recruitment. A group of graduate students with high educational awareness, strong comprehensive qualities, firm career ideals, care for and care for students, willingness to engage in student education and management, possessing certain management skills, and mastering certain emergency handling skills should be selected as candidates for part-time counselors, Adopting a selection mechanism of "selecting the best from the best" to ensure the high quality and level of the counselor team. The annual assessment of part-time graduate counselors aims to fully mobilize their work initiative and enthusiasm. It is necessary to adopt the same assessment method as full-time counselors, specifically research and develop assessment content, objectively evaluate the work performance of part-time graduate counselors, establish their work attitude, work style, and work ability, and comprehensively evaluate their work performance.

4.2 Establish a scientific assessment system

Graduate part-time counselors, like other full-time counselors, also need to have an assessment system. However, due to the differences between graduate part-time counselors and full-time counselors, the assessment system suitable for full-time counselors may not necessarily be suitable for graduate part-time counselors. If both part-time and full-time graduate counselors are evaluated using the same assessment criteria, it is easy to create a psychological gap and gradually lose work enthusiasm, which will continue to undermine the enthusiasm of part-time graduate counselors in their work.

5. Conclusion

A college counselor is a navigator of students' thoughts, an academic instructor, a mental health worker, and a life attendant. The overall quality of the construction of university counselors will directly affect the ideological and mental health education of college students, as well as the achievement of talent cultivation goals in universities. Joining graduate students in the team of university counselors not only increases the number of members in the team, but also strengthens the work ability of part-time counselors, and makes the construction of the counselor team diversified, professional, and innovative. As the most advantageous supplementary force for part-time counselors in universities, graduate students should leverage their unique advantages, improve their shortcomings, do their job well as fulfill their duties as counselors, assist full-time counselors in efficiently completing student daily affairs management work, and make the construction of the university counselor team diversified, professional, and professional, making outstanding contributions to China's education industry together.

References

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